

Resources for Grieving Children, Teens, & Families

Portland-Area Support Groups

In This Together Grief Group – 8-week sessions in fall & winter for grieving children, teens, and families: 503-953-5315

The Dougy Center – Ongoing grief support groups for children, teens, young adults, and families: 503-775-5683
www.dougy.org

Camp Erin Meet-Ups (re-starting winter 2022) – Quarterly gatherings for children, teens, and families: 503-953-6745 or

Online Grief Resources

www.AChildInGrief.com

www.HelloGrief.org

www.ChildrenGrieve.org

www.Dougy.org

www.WhatsYourGrief.com

www.ElunaNetwork.org

Grief Camps

Camp Erin – Locations Nationwide: <https://elunanetwork.org/camps-programs/camp-erin/>

Camp Amanda – Walla Walla, WA: <https://www.wwhospice.org/campamanda/>

Wild Grief (teens only) – Olympia, WA: <https://www.WildGrief.org>

Portland-Area Counselors for Children, Teens, Adults, and Families

Some families may benefit from ongoing support and therapeutic interventions. If such services are the right fit for your family, please contact a mental health provider of your choice. The following list of Portland-area providers is compiled by Providence Hospice Bereavement Program for your convenience.

It is the responsibility of each family to contact and select an appropriate therapist. If your insurance requires, please request a referral from your physician.

<p>Benita Bellrichard Munson, LPC, CRC, CADC 1 www.maplecounselingpdx.com 503-360-6656 Children, adults, couples, families <i>specialties: relationship issues, addiction, chronic illness</i></p>	<p>Diane Havnen-Smith, MSW, LCSW www.innerstandings.com 503-314-6349 Children, adults <i>specialties: loss, depression, anxiety, relationships</i></p>
<p>Vivian Coles, MA, LPC 503-975-5418 Children, adolescents, adults <i>specialties: anxiety, trauma & PTSD, self-esteem</i></p>	<p>Terry Jenkins, Psy.D, LMFT Lynn Knope, Psy.D, CDS www.pdxpsych.com 503-786-2171 Children, adolescents, and adults <i>specialties: play therapy, ADD/ADHD, anger, anxiety, depression</i></p>
<p>Firefly Institute (various providers) www.fireflycounselingservices.com 503-915-3737 Children, adolescents, adults, couples, families <i>specialties: grief/loss, abuse, trauma, attachment issues, adoption/foster care</i></p>	<p>Melinda Laus, Ed. S. www.courageousmourning.com 503-806-6441 Adults <i>specialties: complicated/traumatic grief, young widowhood, parenting through loss</i></p>
<p>Elliot Geller, LCSW 503-484-6568 Adolescents, adults <i>specialties: complicated grief/loss, men's groups</i></p>	<p>Jane Newman, LPC www.janepnewman.com 503-679-1828 Adolescents, adults, couples, families <i>specialties: grief & loss, life transitions, chronic illness, stress management</i></p>
<p>Greg Harpel, LCSW www.calliopecounseling.com 971-319-3091 Children, adolescents, adults <i>specialties: grief counseling, depression, anxiety, life transitions</i></p>	<p>Tim Zobelein, LCSW 503-465-4802 Adults, couples <i>specialties: grief, addiction, stress management, anxiety</i></p>

For a more comprehensive list of Portland-area therapists, visit www.portlandtherapycenter.com for a listing by area and specialty.

For a list of Oregon therapists, visit www.psychologytoday.com/us/therapists/oregon for a list by county and city.

For a list of Washington therapists, visit www.psychologytoday.com/us/therapists/washington for a list by county and city.

Other Resources and Supports

To find additional community resources available in Oregon & SW Washington, visit www.211info.org or dial 211.

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 CampErinPortland@providence.org | t: 503-953-6745 | vm: 503.215.4622 | f: 503.215.0370